

### Important Books

Lynn Clark. SOS Help for Parents: A Practical Guide for Handling Common Everyday Behavior Problems. 3<sup>rd</sup> edition (2005)

Daniel Siegel and Tina Bryson. The Whole Brain Child (2012)

Paul Tough: How Children Succeed. Grit, Curiosity and the Hidden Power of Character (2012)

Dobson, James C. The New Strong-Willed Child, *Tyndale House Publishers*. (2004).

### Introduction and Importance of Parenting

<http://unesdoc.unesco.org/images/0014/001474/147461e.pdf>

[http://www.bgfl.org/bgfl/custom/files\\_uploaded/uploaded\\_resources/18617/Desforges.pdf](http://www.bgfl.org/bgfl/custom/files_uploaded/uploaded_resources/18617/Desforges.pdf)

[http://www.unicef.org/mena/Learning\\_Series\\_II\\_English.pdf](http://www.unicef.org/mena/Learning_Series_II_English.pdf)

<http://documents.worldbank.org/curated/en/2015/01/23811898/expanding-opportunities-next-generation-early-childhood-development-middle-east-north-africa>

<http://data.unhcr.org/syrianrefugees/regional.php>

### Motherhood

<http://www.scientificamerican.com/article/scientists-discover-childrens-cells-living-in-mothers-brain/>

<http://www.theatlantic.com/health/archive/2015/01/what-happens-to-a-womans-brain-when-she-becomes-a-mother/384179/>

<http://www.ncbi.nlm.nih.gov/pubmed/21943083>

<http://www.pnas.org/content/111/27/9792.full>

[http://developingchild.harvard.edu/index.php/resources/reports\\_and\\_working\\_papers/working\\_papers/wp1/](http://developingchild.harvard.edu/index.php/resources/reports_and_working_papers/working_papers/wp1/)

<http://www.nytimes.com/2015/05/17/upshot/mounting-evidence-of-some-advantages-for-children-of-working-mothers.html>

[http://developingchild.harvard.edu/resources/reports\\_and\\_working\\_papers/working\\_papers/wp8/](http://developingchild.harvard.edu/resources/reports_and_working_papers/working_papers/wp8/)

### Fatherhood

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[http://www.fira.ca/cms/documents/29/Effects\\_of\\_Father\\_Involvement.pdf](http://www.fira.ca/cms/documents/29/Effects_of_Father_Involvement.pdf)

Cabrera, J. et al. (2000). *Fatherhood in the Twenty-First Century*. Child Development. 71,1. P. 127-136.

[http://www.researchgate.net/profile/Michael\\_Lamb/publication/227493539\\_Fatherhood\\_in\\_the\\_TwentyFirst\\_Century/links/00b4952399d443d507000000.pdf](http://www.researchgate.net/profile/Michael_Lamb/publication/227493539_Fatherhood_in_the_TwentyFirst_Century/links/00b4952399d443d507000000.pdf)

Croft, A., Schmader, A., Black, K. & Baron, A. (2014). *The Second Shift Reflected in the Second Generation: Do Parents' Gender Roles at Home Predict Children's Aspirations?* Psychological Science. Retrieved from:

<http://psych.colorado.edu/wiki/lib/exe/fetch.php?media=labs:social-brownbag:croft1.pdf>

Ladge, J., Humbert, B., Harrington, B. & Watkins, M. (2015). *Updating the Organisation Man: An Examination of Involved Fathering in the Workspace*, The Academy of Management Perspectives.

Men in Families: and Family Policy in a Changing World. (2011). United Nations. Retrieved from

<http://www.un.org/esa/socdev/family/docs/men-in-families.pdf>

Rosenberg, J. and Wilcox W. (2006). *The Importance of Fathers in the Healthy Development of Children*. <https://www.childwelfare.gov/pubPDFs/fatherhood.pdf>

### Normal Childhood Development

Lewis textbook of child and adolescent psychiatry, Fourth edition. Martin A, Volkmar FR (Eds.). New York: Lippincott Williams and Wilkins 2002

Psychiatry update and board review, ed 2. New York: Stern TA, Herman JB, ed. McGraw-Hill; 2004.

### **Moral Development**

The World Health Organization School Mental Health Program. WHO-EMRO. Editor: Hesham Hamoda

Kohlberg, L. (1958). The Development of Modes of Thinking and Choices in Years 10 to 16. *Ph. D. Dissertation*, University of Chicago.

McLeod, S. A. (2013). Kohlberg. Retrieved from [www.simplypsychology.org/kohlberg.html](http://www.simplypsychology.org/kohlberg.html)

### **Effective discipline, how to encourage good behavior How to deal with difficult behaviors Effective communication strategies**

Lynn Clark. SOS Help for Parents. 3<sup>rd</sup> edition

Daniel Siegel and Tina Bryson. The Whole Brain Child (2012)

<http://www.stevenaitchison.co.uk/blog/37-ways-to-communicate-better-with-your-children/>

### **Parenting Stubborn Children**

Costley, K. C. (2013). The Strong-Willed Child: A Huge Challenge for Parents and Teachers. *Online Submission*,

Dobson, James C. (2004). The New Strong-Willed Child, *Tyndale House Publishers*.

Graziano, Anthony. (2001). Maria: Stubborn, Willful, and Always Full of Energy. *Pediatrics*, 107(4), 827.

### Physical punishment as a means of discipline

<http://www.nospank.net/qadv1-3.htm#3>

Child Welfare. (2015). Understanding the Effects of Maltreatment on Brain Development. Retrieved from:

[https://www.childwelfare.gov/pubPDFs/brain\\_development.pdf#page=5&view=Effects of maltreatment on brain development](https://www.childwelfare.gov/pubPDFs/brain_development.pdf#page=5&view=Effects_of_maltreatment_on_brain_development)

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Pappas, S. (2012). Early Neglect Alters Kids' Brains. Retrieved from:

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The National Child Traumatic Stress Network. (2009). Physical punishment: what parents should know. Retrieved from:

[http://www.nctsn.org/nctsn\\_assets/pdfs/PhysicalPunishment\\_Factsheet.pdf](http://www.nctsn.org/nctsn_assets/pdfs/PhysicalPunishment_Factsheet.pdf)

### Parenting Styles

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<http://discipline.about.com/od/typesofdiscipline/a/Types-Of-Discipline-Strategies-And-Parenting-Styles.htm>

Plotnik, R & Kouyoumdjian, H. (2010). *Introduction to Psychology*. Belmont, CA: Wadsworth Publishing.

### Common mistakes in parenting

[http://www.huffingtonpost.com/kari-kubiszyn-kampakis/10-common-mistakes-parents-today-make-me-included\\_b\\_4753451.html](http://www.huffingtonpost.com/kari-kubiszyn-kampakis/10-common-mistakes-parents-today-make-me-included_b_4753451.html)

### Violence and children/ How to raise children amidst political violence

References:

<http://www.warchild.org.uk/what-we-do>

<http://www.apa.org/helpcenter/resist-violence.aspx>

Moffatt, Gregory. 2002. "A Violent Heart: Understanding Aggressive Individuals"

Obsatz, Michael. 1999 "Raising nonviolent children in a violent world: a family handbook"

<http://www.pri.org/stories/2011-10-03/children-surviving-war-torn-afghanistan>

[http://www.state.nj.us/humanservices/dmhs/disaster/SAMHSA\\_tips\\_4\\_talking\\_2\\_kids.pdf](http://www.state.nj.us/humanservices/dmhs/disaster/SAMHSA_tips_4_talking_2_kids.pdf)

### Parenting Stubborn Children

Costley, K. C. (2013). The Strong-Willed Child: A Huge Challenge for Parents and Teachers. *Online Submission*,

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### **Adolescence**

<http://www.webmd.com/parenting/features/10-parenting-tips-for-raising-teenagers>

<http://www.apa.org/pubs/info/brochures/girls.aspx>

<http://raisingchildren.net.au/articles/puberty.html>

<http://kidshealth.org/parent/growth/growing/adolescence.html>

### **How to deal with conflicts between your children**

<http://www.parenting.com/article/6-ways-to-stop-sibling-fighting>

<http://www.supernanny.co.uk/Advice/-/Family-Matters/-/Relationships/Sibling-rivalry-remedies.aspx>

### **Effect of video games and technology on children/ Internet addiction-**

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### **How can parents support their children's education?**

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Ferguson, R., Toward Excellence with Equity: An Emerging Vision for Closing the Achievement Gap (Harvard Education Press, 2007); Ronald Ferguson, "What We've Learned about Stalled Progress," in Steady Gains and Stalled Progress: Inequality and the Black-White Test Score Gap, edited by Magnuson and Waldfogel

Ferguson, K., Frost, L., and Hall, D. (2012). Predicting Teacher Anxiety, Depression, and Job Satisfaction. *Journal of Teaching and Learning*, 8(1), 27-42.

Klepfer, J., <http://www.csub.edu/~lwildman/finishedwebsite/parent.htm>. Accessed April 15, 2014.

#### **How to talk to children about death:**

[http://www.babycenter.com/0\\_how-to-talk-to-your-preschooler-about-death\\_65688.bc?page=2](http://www.babycenter.com/0_how-to-talk-to-your-preschooler-about-death_65688.bc?page=2)

<http://kidshealth.org/parent/emotions/feelings/death.html>

<http://www.stonybrookmedicalcenter.org/system/files/TalkingtoChildrenAboutDeath-NIH.pdf>

[http://kidshealth.org/teen/your\\_mind/emotions/someone\\_died.html](http://kidshealth.org/teen/your_mind/emotions/someone_died.html)

#### **Divorce and it's impact on children**

Kruk, Edward, 2014. <https://www.psychologytoday.com/blog/co-parenting-after-divorce/201411/what-makes-successful-co-parenting-after-divorce>

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### **How to raise engaged and productive citizens?**

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### **Violence and children/ How to raise children amidst political violence**

<http://www.warchild.org.uk/what-we-do>

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[http://www.aacap.org/AACAP/Families\\_and\\_Youth/Facts\\_for\\_Families/FFF-Guide/Talking-To-Children-About-Terrorism-And-War-087.aspx](http://www.aacap.org/AACAP/Families_and_Youth/Facts_for_Families/FFF-Guide/Talking-To-Children-About-Terrorism-And-War-087.aspx)

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[http://www.state.nj.us/humanservices/dmhs/disaster/SAMHSA\\_tips\\_4\\_talking\\_2\\_kids.pdf](http://www.state.nj.us/humanservices/dmhs/disaster/SAMHSA_tips_4_talking_2_kids.pdf)

### **Helping children to endorse their cultures and religion**

[http://www.babycenter.com/0\\_how-to-raise-a-spiritual-child\\_67157.bc](http://www.babycenter.com/0_how-to-raise-a-spiritual-child_67157.bc)

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<http://www.parentfurther.com.php53-8.dfw1->

[2.websitetestlink.com/resources/enewsletter/raising-culturally-aware-kids](http://www.parentfurther.com.php53-8.dfw1-2.websitetestlink.com/resources/enewsletter/raising-culturally-aware-kids)

<https://www.psychologytoday.com/blog/creative-development/201211/raising-self-confident-and-spiritually-aware-kids>

### **Strategies to raise successful/confident children**

How Children Succeed. Paul Tough (2012)

<http://www.parents.com/toddlers-preschoolers/development/fear/secrets-of-confident-kids/>

<http://pediatrics.aappublications.org/content/135/2/e440>

<http://onlinelibrary.wiley.com/doi/10.1111/cdev.12325/abstract>

<http://www.ncbi.nlm.nih.gov/pmc/articles/PMC2853053/>

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<http://www.danpink.com/2012/02/how-to-predict-a-students-sat-score-look-at-the-parents-tax-return/>

<http://www.askdrsears.com/topics/parenting/child-rearing-and-development/12-ways-help-your-child-build-self-confidence>

<http://www.businessinsider.com/set-your-kids-up-for-success-2015-8>

<http://www.scholastic.com/parents/resources/article/social-emotional-skills/power-defeat-how-to-raise-kid-grit>